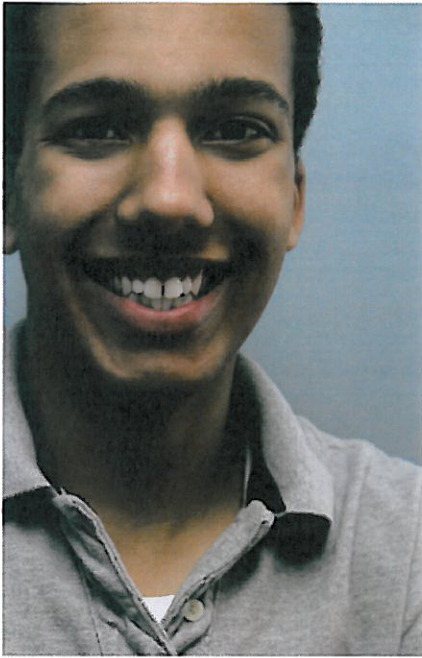


Diabetes

FIVE-PART MANAGEMENT SERIES*

FREE

Learn how proper diet, medication and exercise keep you healthier and help you feel better.



Knox County Health Department is offering a **FREE** *five-part series* on diabetes management.

Thursdays from 12:30-1:30 p.m.
August 18, 25 & September 1, 8, 15

Davis Family YMCA
12133 South Northshore Dr.
Knoxville



Knox County
Health Department
Every Person, A Healthy Person

Participants are
invited to bring
their lunch.

Please call (865) 215-5170 for additional information.

*Please plan to attend all 5 classes.